

THE PRICE OF HEALTH

Starbuck's Breakfast

(Mocha Grande, Lemon Scone)

\$5.15



Calories 850
Fat (grams) 39

Big Mac Meal

(Big Mac, Medium Fries, Medium Diet Soda)

\$5.11



Calories 940
Fat (grams) 50

Cinch Shake

(Cinch Vanilla Shake, 8 oz. Nonfat Milk)

\$2.86*



Calories 270
Fat (grams) 3

*Price includes price of one serving of Cinch Shake Mix and an 8-oz. glass of nonfat milk.

cinch™
inch loss plan